VITA

Date of Preparation:

April, 2022

NAME: Melissa M. Franks, PhD

EDUCATION:

B.S., Northern Kentucky University, 1988

(Psychology with honors; Mentor: G. D. Goedel)

M.A., Kent State University, 1990

(Social/Health Psychology; Mentor: M. A. P. Stephens)

Ph.D., Kent State University, 1993

(Social/Health Psychology; Mentor: M. A. P. Stephens)

TRAINING:

Postdoctoral Training, University of Michigan, 1993-1995 (NIA Postdoctoral Fellowship; Mentor: A. Regula Herzog)

FACULTY APPOINTMENTS:

2013 -	Associate Professor, Department of Human Development and Family Studies, Purdue University
2007 - 2013	Assistant Professor, Department of Human Development and Family Studies, Purdue University
2006 - 2007	Assistant Research Scientist, Institute for Research on Women and Gender, The University of
	Michigan
1995 - 2006	Assistant Professor, Institute of Gerontology, Wayne State University (with joint appointments in
	Department of Psychology, Department of Family Medicine, and Communication and Behavioral
	Oncology, Karmanos Cancer Institute)

MAJOR PROFESSIONAL SOCIETIES:

Fellow Gerontological Society of America Member National Council on Family Relations

American Psychological Association (Divisions 20 and 38)

HONORS AND AWARDS:

2011	Editorial Appreciation Award, Health Psychology
2011	Teaching for Tomorrow Award, Purdue University
2008	Hancook Faculty Fellow, Center for Families, Purdue University
2002	Invited to Participate in Research Retreat on Health Dynamics in Old Age, Spring 2002, Sponsored by
	University of Michigan's Claude Pepper Older Americans Independence Center (OAIC), Geriatric Center,
	Health and Retirement Survey, and Michigan Center of the Demography of Aging.
2000	Selected to Attend Spring 2000 Conference on the Future of Health Psychology, APA Division 38
1996	Selected to Attend Summer Institute on Aging Research, National Institute on Aging/Brookdale Foundation

- 1995 Selected to Attend Summer Training Institute, The Self and Society in Aging Processes, National Institute on Aging/Institute on Aging, University of Wisconsin-Madison
- 1994 Dissertation Award, Behavioral and Social Sciences Section of The Gerontological Society of America
- 1993 The 1993-94 Student Award for Graduate/Postdoctoral Completed Research, Division 20 of the American Psychological Association and the Retirement Research Foundation
- 1993 The David B. Smith Fellowship for Outstanding Scholarship and Research Potential, Kent State University
- 1992 Dissertation Research Award, American Psychological Association
- 1991 University Fellowship (Academic Year 1991-1992), Kent State University

RESEARCH AND TRAINING GRANTS:

Grants Completed:

- **Co-Investigator**. "Stepping out: A pilot study of midlife couples paired walking." American Nurses Foundation. E. Richards (PI). Period: 2018-2019. Total: \$5000.
- **Co-Investigator**. "Stepping out: The impact of older couples' walking behavior on gait speed." Hancook Fellowship, Purdue University Center for Families. E. Richards (PI). Period: 2018-2019. Total: \$10,000.
- **Co-Investigator**. "Walking for Our Health: A couple-focused approach to promoting physical activity." Kinley Trust Award, Purdue University. E. Richards (PI). Period: 05/01/2016- 04/30/2017. Total: \$19,998.
- **Investigator.** "Changing family roles across the deployment cycle." US Dept. of Defense, MacDermid Wadsworth (PI). Period: 2014-2018.
- **Principal Investigator**. "Transition from Hospital Care: Management of Type 2 Diabetes." Regenstrief Center for Healthcare Engineering, Purdue University. April 2012 to March 2013; Total: \$62,173.
- **Principal Investigator**. "Emerging research on families and health." NIH/NICHD (R13 HD066959). September, 2010 to August, 2013; Total: \$18,000 (NIH) matched by Center for Families, Purdue University.
- **Principal Investigator**. "Following doctor's orders: Does patient and spouse communication with healthcare providers improve dietary adherence among patients with diabetes?" Regenstrief Center for Healthcare Engineering, Purdue University. Period: 07/2009-07/2010. Total: \$39,906.
- **Training Faculty**. "Interdisciplinary research on aging and the life course." National Institute on Aging (T32 AG025671-01A2). Principal Investigator: K. Ferraro, Ph.D. Period (5/2009 5/2011).
- **Co-Investigator**. The role of social relationships and self-efficacy in diabetes management. National Institute of Diabetes and Digestive and Kidney Diseases (R21 DK078894-01). Wray, L. A. (PI). Period 09/2008 06/2010.
- **Principal Investigator**. "Correspondence in daily diet quality of patients with diabetes and their spouses." Purdue Research Foundation, Indiana CTSI, and Center for Families, Purdue University. Period: 08/2008-08/2009.
- **Principal Investigator**. "I'll have what she's having: Similarity in health behaviors of married partners." Kinley Trust Award, Purdue University. Period: 07/2008-07/2009. Total: \$19,805.
- **Co-Investigator**. "Mind-body interactions in management of type 2 diabetes." National Institute on Aging (R01 AG024833-01). Mary Ann Parris Stephens (PI). Period: 09/30/04 07/31/09. Total: \$1,659,121.

- **Co-Investigator**. "Biopsychosocial processes and treatment decision making." National Cancer Institute (R21CA113220-01). Terrance L. Albrecht (PI) and John C. Ruckdeschel (Co-I). Period (09/27/04 09/29/06) Total: \$226.500
- Investigator. "Psychosocial and community core." National Institutes of Health Centers for Population Health and Health Disparities. Janet Hankin, Ph.D(PI for Core). Funded with Center for African American Urban Health (P50 ES012395-01). Center PI: John Flack, M.D. Period (9/18/03 9/17/08). Total (for the Center): \$5.946.924.
- **Co-Investigator**. "A dyad intervention for cardiac rehabilitation patients (R01)." National Institutes of Health Centers for Population Health and Health Disparities. Principal Investigator: Nancy Artinian. Funded with Center for African American Urban Health (P50 ES012395-01). Center PI: John Flack, M.D. Total (for the Center): \$5,946,924. Period (9/18/03 9/17/08). Change in initial role as Principal Investigator.
- **Training Faculty**. "Wayne State University Postdoctoral Research Training in Aging & Urban Health." Agency for Healthcare Research and Quality. Principal Investigator: Peter A. Lichtenberg, Ph.D. Period (8/2003 8/2008).
- **Investigator**. "Geriatric Center of Michigan." US Department of Health and Human Services, Geriatrics Branch. Principal Investigator: Larry Lawhorne, MD, Michigan State University. (Period 7/2001 7/2006).
- **Training Faculty**. "Wayne State University Pre-Doctoral Research Training in Aging & Urban Health." National Institute on Aging. Principal Investigator: Peter A. Lichtenberg, Ph.D. Period (5/2001 5/2006).
- **Co-Investigator**. "Spouse involvement in cardiac patients' behavior change." Agency for Healthcare Research and Quality (R03 HS11263-01). Tantina B. Hong, M. A. (PI). Total: \$31,016. Period (9/30/00 9/29/01).
- **Principal Investigator**. "Spousal influence on patient health behavior." University Research Award Program. Total: \$5544. Period (5/1/99-4/30/00).
- **Principal Investigator**. "Spousal influence on patient health behavior: A pilot project." WSU Targets of Opportunity Program. Co-Investigators: Nancy T. Artinian, Ph.D. and Steven Keteyian, Ph.D. Total: \$20,000. Period (7/99-8/01).
- **Investigator**. "Fluid reasoning training for urban elders." National Institute on Aging. M. Marsiske, Ph.D (PI). Period: 1/1/97-12/31/01. Total: \$2,265,434.
- **Principal Investigator**. "Minority Supplement: Reciprocity, family long-term care, and elder well-being." National Institute on Aging. Total: \$94,749. Period: 1/1/97-8/31/99.
- **Co-Investigator**. "Reciprocity, family long-term care, and elder well-being." National Institute on Aging (1R01AG13228). J. W. Dwyer, Ph.D. (PI). Total: \$557,187. Period: 8/31/96-8/31/01.

Publications in Refereed Journals:

Note: Graduate Students, Undergraduate Students

- Cho, H., Forster, A., Christ, S. L., **Franks, M. M.,** Richards, E. A., & Rietdyk, S. (2021). Changes to gait speed when romantic partners walk together: Effect of age and obstructed pathway. *Gait & Posture*, 85, 285-289.
- Marini, C. M., Wilson, S. J., Tate, A. M., Martire, L. M., & **Franks, M. M.** (2021). Short- and long-term effects of support visibility on support providers' negative affect. *Journal of Gerontology: Psychological Sciences*, 76, 461-470.

- August, K. J., **Franks**, **M. M.**, Rook, K. S., & Stephens, M. A. P. (2020). Spouses' responses to the dietary nonadherence of their partners managing diabetes. *Personal Relationships*, 27, 401-419.
- Marini, C. M., MacDermid Wadsworth, S. M., Franks, M. M., Wilson, S. R., Topp, D., & Christ, S.L. (2019).
 Military spouses' self- and partner-directed minimization in the context of deployment. *Military Behavioral Health*, 7, 245-256.
- **Franks, M. M.,** Richards, E. A., McDonough, M. H., Christ, S. L., & *Marshall, M. E.* (2018). Walking for our health: Couple-focused interventions to promote physical activity in older adults. *International Journal of Health Promotion and Education*, *56*, 280-288.
- Martire, L. M., Hemphill, R. C., Zhaoyang, R., Stephens, M. A. P., **Franks, M. M.**, & Stanford, A. M. (2018, online). Daily marital tension and symptom severity in older adults with diabetes or osteoarthritis. *Annals of Behavioral Medicine*.
- Richards, E. A., Franks, M. M., McDonough, M. H., & Porter, K. (2018). Let's move: A systematic review of spouse-involved interventions to promote physical activity. *International Journal of Health Promotion and Education*, 56, 51-67.
 Awarded Pittu Laungani Best Paper Prize for 2018
- Wilson, S., Marini, C., Franks, M. M., Topp, D., Wadsworth, S. M., & Whiteman, S. (2018). Communication and connection during deployment: A daily-diary study from the perspective of at-home partners. *Journal of Family Psychology*, 32, 42-48.
- Marini, C. M., MacDermid Wadsworth, S. M., Christ, S.L., & **Franks, M. M.** (2017). Emotion expression, avoidance and psychological health during reintegration: A dyadic analysis of actor and partner associations within a sample of military couples. *Journal of Social and Personal Relationships*, *34*, 69-90.
- Jenkins, B., Rook, K. S., Borges-Garcia, R., Franks, M. M., & Stephens, M. A. P. (2016). Too much of a good thing? Overexertion of self-control and dietary adherence in individuals with type 2 diabetes. *British Journal of Health Psychology*, 21, 648-659.
- Rook, K. S., August, K. J., Choi, S., **Franks, M. M.,** & Stephens, M. A. P. (2016). Emotional reactivity to daily stress, spousal emotional support, and fasting blood glucose among patients with type 2 diabetes. *Journal of Health Psychology*, 21, 2538-2549.
- Martire, L. M., & **Franks**, **M.** M. (2014). The role of social networks in adult health: Introduction to the special issue. *Health Psychology*, *33*, 501-504.
- August, K. J., Rook, K. S., Franks, M. M., & Stephens, M. A. P. (2013). Spouses' involvement in their partners' diabetes management: Associations with spouse stress and perceived marital quality. *Journal of Family Psychology*, 27, 712-721.
- Stephens, M. A. P., **Franks, M. M.,** Rook, K. S., Iida, M., Hemphill, R., & Salem, J. K. (2013). Spouses' attempts to regulate day-to-day dietary adherence among patients with type 2 diabetes. *Health Psychology*, *32*, 1029-1037.
- Hemphill, R., Stephens, M. A. P., Rook, K. S., **Franks, M. M.,** & Salem, J. K. (2013). Patients' beliefs about the timeline of type 2 diabetes and adherence to dietary regimens. *Psychology and Health*, 28, 139-153.
- Henry, S. L., Rook, K. S., Stephens, M. A. P., & **Franks, M. M.** (2013). Spousal undermining of older diabetic patients' disease management. *Journal of Health Psychology*, 18, 1550-1561.
- Khan, C. M., Stephens, M. A. P., **Franks, M. M.**, & Rook, K. S. (2013). Influences of spousal support and control on diabetes management through physical activity. *Health Psychology*, *32*, 739-747.

- Iida, M., Stephens, M. A. P., **Franks, M. M.,** & Rook, K. S. (2012). Daily symptoms, distress, and interaction quality among couples coping with type 2 diabetes. *Journal of Social and Personal Relationships*, 30, 293-300.
- Seidel, A., **Franks, M. M.**, Stephens, M. A. P., & Rook, K. S. (2012). Spouse control and type 2 diabetes management: Moderating effects of dyadic expectations for spouse involvement. *Family Relations*, 61, 698-709.
- **Franks, M. M.,** Sahin, Z. S., Seidel, A. J., Shields, C. G., Oates, S. K., & Boushey, C. J. (2012). Table for two: Diabetes distress and diet-related interactions of married patients with type 2 diabetes and their spouses. *Families, Systems, & Health, 30,* 154-165.
- **Franks, M. M.,** Hemphill, R., *Seidel, A. J.*, Stephens, M. A. P., Rook, K. S, & Salem, J. K. (2012). Setbacks in diet adherence and emotional distress: A study of older patients with type 2 diabetes and their spouses. *Aging & Mental Health*, 16, 902-910.
- **Franks, M. M.,** Shields, C. G., Sands, L., Lim, E., Mobley, S., & Boushey, C. J. (2012). I will if you will: Similarity in health behavior change of married partners. *Health Education & Behavior*, *39*, 324-331.
- August, K., Rook, K. S., Stephens, M. A. P., **Franks, M. M.** (2011). Are spouses of chronically ill patients burdened by exerting health-related social control? *Journal of Health Psychology*, *16*, 1109-1119.
- Fisher, G. G., **Franks, M. M.**, Plassman, B. L., Brown, S. L., Potter, G. G., Llewellyn, D., Rogers, M. A. M., & Langa, K. M. (2011). Caring for individuals with dementia and CIND: Findings from the Aging, Demographics, and Memory Study. *Journal of the American Geriatrics Society*, *59*, 488-494.
- Fingerman, K. L., Pitzer, L. M., Chan, W., Birditt, K., **Franks, M. M.**, & Zarit, S. (2011). Who gets what and why?: Help middle-aged adults provide to parents and grown children. *Journal of Gerontology: Social Sciences*, 66B, 87-98.
- Rook, K. S., August, K., Stephens, M. A. P., **Franks, M. M**. (2011). When does spousal social control provoke negative reactions in the context of chronic illness? The pivotal role of patients' expectations. *Journal of Social and Personal Relationships*, 28, 772-789.
- Tkatch, R., Artinian, N. T., Abrams, J. Franks, M. M., Keteyian, S. J., Pienta, A. M., Franklin, B. A., & Schwartz, S. (2011). Social networks and health outcomes among African American cardiac rehabilitation patients. *Heart & Lung*, 40, 193-200.
- Stephens, M. A. P., Rook, K. S., **Franks, M. M.,** Khan, C. M. Iida, M. (2010). Spouses' use of social control to improve diabetic patients' dietary adherence. *Families, Systems and Health*, 28, 199-208.
- Iida, M., Stephens, M. A. P., Rook, K. S., Franks, M. M., & Salem, J. K. (2010). When the going gets tough, does support get going? Determinants of spousal support provision to type 2 diabetic patients. *Personality and Social Psychology Bulletin*, 36, 780-791.
- **Franks, M. M.,** Lucas, T., Stephens, M. A. P., Rook, K. S., & Gonzalez, R. (2010). Diabetes distress and depressive symptoms: A dyadic investigation of older patients with type 2 diabetes and their spouses. *Family Relations*, *59*, 599-610.
- Artinian, N. T., Abrams, J., Keteyian, S. J., **Franks, M. M.,** Franklin, B., Pienta, A., Tkatch, R., Cuff, L., Alexander, P., & Schwartz, S. (2009). Correlates of depression at baseline among African Americans enrolled in cardiac rehabilitation. *Journal of Cardiopulmonary Rehabilitation and Prevention* 29, 24-31.
- Stephens, M. A. P., Fekete, E. M., **Franks, M. M.,** Rook, K. S., Druley, J. A., & Greene, K. (2009). Spouses' use of pressure and persuasion to promote osteoarthritis patients' medical adherence after orthopedic surgery. *Health Psychology*, 48-55.

- Eggly, S., Albrecht, T.L., Harper, F. W., Foster, T., **Franks, M. M.**, & Ruckdeschel, J. C. (2008). Oncologists recommendations of clinical trial participation to patients. *Patient Education and Counseling*, 70, 143-148.
- Penner, L. A., Orom, H., Albrecht, T. L., **Franks, M. M.,** Foster, T. S., & Ruckdeschel, J. C. (2007). Camera-related behaviors during video recorded medical interactions. *Journal of Nonverbal Behavior*, *31*, 99-117.
- **Franks, M. M.,** Stephens, M. A. P., Rook, K. S., Franklin, B. A., Keteyian, S. J., & Artinian, N. T. (2006). Spouses' provision of health-related support and control to patients participating in cardiac rehabilitation. *Journal of Family Psychology*, 20, 311-318.
- Bookwala, J., & **Franks**, **M. M**. (2005). The role of marital quality in older adults' depressed affect: Beyond the 'main effects' model. *Journal of Gerontology: Psychological Sciences*, 60B, P338-P341.
- Hong, T. B., Franks, M. M., Gonzalez, R., Keteyian, S. J., Franklin, B. A., & Artinian, N. T. (2005). A dyadic investigation of exercise support between cardiac patients and spouses. *Health Psychology*, 24, 430-434.
- Albrecht, T. L., Franks, M. M., & Ruckdeschel, J. C. (2005). Communication and informed consent. *Current Opinion in Oncology*, 17, 336-339.
- **Franks, M. M.**, Wendorf, C. A., Gonzalez, R., & Ketterer, M. W. (2004). Aid and influence: Health promoting exchanges of older married partners. *Journal of Social and Personal Relationships*, 21, 431-445.
- **Franks, M. M.**, Herzog, A. R., Holmberg, D., & Markus, H. R. (2003). Self-complexity: Linking age and education with self-rated health and depression. *Hallym International Journal of Aging*, *5*, 91-110.
- Cremeans-Smith, J. K., Stephens, M. A. P., **Franks, M. M.,** Druley, J. A., Martire, L. M., & Wojno, W. C. (2003). Dyadic agreement between role partners' perceptions of pain severity: The relationship between agreement status and patient well-being. *Pain*, 106, 27-34.
- **Franks, M. M.**, Lichtenberg, P. A., MacNeill, S. E., & Bank, A. (2003). Activity limitation and depression: Perspectives of older African American women and their close companion. *Rehabilitation Psychology*, 48, 50-55.
- **Franks, M. M.,** *Pierce, L. S.*, & Dwyer, J. W. (2003). Expected parent-care involvement of adult children. *Journal of Applied Gerontology*, 22, 104-117.
- **Franks, M. M.**, Pienta, A. M., & Wray, L. A. (2002). It takes two: Marriage and smoking cessation in the middle years. *Journal of Aging and Health*, *14*, 336-354.
- *Pierce, L. S., Hong, T. B.,* **Franks, M. M.**, & Ketterer, M. W. (2002). Health-related interactions and the self in marriage. *Journal of Women & Aging, 14*, 149-164.
- **Franks, M. M.**, *Hong, T. B., Pierce, L. S.*, & Ketterer, M. W. (2002). The association of patients' psychosocial well-being with self and spouse ratings of patient health. *Family Relations*, *51*, 22-27.
- Stephens, M. A. P., & **Franks**, **M. M**. (1999). Parent care in the context of women's multiple roles. *Current Directions in Psychological Science*, 8, 149-152.
- Herzog, A. R., **Franks, M. M.,** Holmberg, D., & Markus, H. R. (1998). Activities and well-being in older age: Effects of self-concept and educational attainment. *Psychology and Aging*, *13*, 179-185.

- Stephens, M. A. P., **Franks, M. M.**, & Atienza, A. A. (1997). Where two roles intersect: Spillover between parent care and employment. *Psychology and Aging*, *12*, 30-37.
- Martire, L. M., Stephens, M. A. P., & Franks, M. M. (1997). Multiple roles of women caregivers: Feelings of mastery and self-esteem as predictors of psychosocial well-being. *Journal of Women and Aging*, *9*, 117-132.
- Townsend, A. L., & **Franks**, **M. M**. (1997). Quality of the relationship between elderly spouses: Influence on spouse caregivers' subjective effectiveness. *Family Relations*, 46, 33-39.
- **Franks, M. M.,** & Stephens, M. A. P. (1996). Social support in the context of caregiving: Husbands' provision of support to wives involved in parent care. *Journal of Gerontology: Psychological Sciences*, *51B*, P43-P52.
- Franks, M. M., & Herzog, A. R. (1995). Age and gender differences in productive activities: Revisited. *Statistical Journal of the United Nations ECE*, 12, 147-155.
- Townsend, A. L., & **Franks**, **M. M**. (1995). Binding ties: Closeness and conflict in adult children's caregiving relationships. *Psychology and Aging*, 10, 343-351.
- Kinney, J. M., Stephens, M. A. P., **Franks, M. M.**, & Norris, V. K. (1995). Stresses and satisfactions of family caregivers to older stroke patients. *Journal of Applied Gerontology*, *14*, 3-21.
- Stephens, M. A. P., & **Franks**, **M. M**. (1995). Spillover between daughters' roles as caregiver and wife: Interference or enhancement. *Journal of Gerontology: Psychological Sciences*, *50B*, P9-P17.
- Stephens, M. A. P., **Franks**, **M. M**., & Townsend, A. L. (1994). Stress and rewards in women's multiple roles: The case of women in the middle. *Psychology and Aging*, *9*, 45-52.
- **Franks, M. M.**, & Stephens, M. A. P. (1992). Multiple roles of middle generation caregivers: Contextual effects and psychological mechanisms. *Journal of Gerontology: Social Sciences*, 47, S123-129.

Chapters in Books:

- **Franks, M. M.,** Wehrspann, E., August, K. J., Rook, K. S., & Stephens, M. A. P. (2016). Chronic disease management in older couples: Spousal support vs control strategies (pp. 303-324). In J. Bookwala (Ed.), *Couple relationships in middle and later years: Their nature, complexity, and role in health and illness*. Washington, DC: APA.
- Seidel, A. J., **Franks, M. M.**, Murphy, G. F., MacDermid Wadsworth, S. (2014). Bridging the distance: Illustrations of real-time communication of support between partners and deployed military members of the National Guard (pp. 21-36). In S. MacDermid Wadsworth, & D. S. Riggs (Eds.), *Risk and resilience in military and veteran families: Military deployment and its consequences for families*. New York: Springer.
- Stephens, M. A. P., Hemphill, R. C., Rook, K. S., & **Franks, M. M.** (2014). It sometimes takes two: Marriage as a mechanism for managing chronic illness. In C. R. Agnew & S. C. South (Eds.), *Interpersonal relationships and health: Social and clinical psychological mechanisms* (pp. 109-132). New York: Oxford University Press.
- Pienta, A. M., O'Rourke, J. M., & Franks M. M. (2011). Getting started: Working with secondary data. In Trzesniewski, K.H., Donnellan, M.B. & Lucas, R.E. (Eds.), Secondary data analysis: An introduction for psychologists, pp. 13-26. Washington, DC: APA Books.
- Stephens, M. A. P., & **Franks**, M. M. (2009). All in the family: Providing care to chronically ill and disabled older adults. In S. H. Qualls & S. H. Zarit (Eds.), *Aging Families and Caregiving*. Hoboken, NJ: Wiley.

- Stephens, M. A. P., **Franks, M. M.**, Martire, L. M., Norton, T., & Atienza, A. A. (2009). Women at mid-life: Stress and rewards of balancing parent care with employment and other family roles. In K. Shifren (Ed.), *How Caregiving Affects Development: Psychological Implications for Child, Adolescent, and Adult Caregivers*. Washington, DC: APA.
- Pienta, A. M., & **Franks, M. M**. (2006). A closer look at widowhood: Do health behaviors change after loss of a spouse? In D. Carr, R. M. Nesse, & C. B. Wortman (Eds.), *Spousal Bereavement in Late Life* (pp. 117-142). New York: Springer.
- **Franks, M. M.,** Marsiske, M., & *Mast, B. T.* (2001). Psychological perspectives on aging. In L. Morgan & S. Kunkel (Eds.). *Aging: The social context, 2nd Edition.* Thousand Oaks, CA: Pine Forge Press.
- **Franks, M. M.**, Herzog, A. R., Holmberg, D., & Markus, H. R. (1999). Educational attainment and self-making in later life. In C. D. Ryff & V.W. Marshall (Eds.), *The self and society in aging processes* (pp. 223-246). New York: Springer.
- Stephens, M. A. P., & **Franks**, **M. M**. (1999). Intergenerational relationships in later-life families: Adult daughters and sons as caregivers to aging parents. In J. C. Cavanaugh & S. K. Whitbourne (Eds.), *Gerontology: An Interdisciplinary Perspective* (pp. 329-354). New York: Oxford University Press.
- Marsiske, M., **Franks, M. M.**, & Mast, B. T. (1998). Psychological perspectives on aging. In L. Morgan & S. Kunkel (Eds.). *Aging: The social context*. Thousand Oaks, CA: Pine Forge Press.
- Herzog, A. R., **Franks, M. M.**, Markus, H. R., & Holmberg, D. (1996). Productive activities and agency in older age. In M. M. Baltes & L. Montada (Eds.), *Produktives Leben im Alter*. Frankfurt, Germany: Campus.

Book Reviews:

Franks, M. M. (1997). Family caregiving from the inside. Family Relations, 46, 455-456.

Franks, M. M. (1991). [Daughters who care: Daughters caring for mothers at home. Lewis, J., & Meredith, B. *The Community Psychologist*, Summer Issue, 10-11.

Presentations:

Note: Graduate Students, Undergraduate Students

- Richards, E., **Franks, M. M.,** Christ, S. L., & Rietdyk, S. (2022, May). *His and hers: Associations between self and partner physical activity and gait speed.* Paper (virtual) presented at the Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity.
- McCall, C. E., Franks, M. M., Marini, C. M., Christ, S. L., Agnew, C. R., Wilson, S. R., & MacDermid Wadsworth, S. M. (2021, September 20). Couples' cognitive interdependence predicts relationship satisfaction one year following a military deployment [Poster presentation]. International Association for Relationship Research 2021 Virtual Conference.
- Richards, E., **Franks**, **M. M.**, Christ, S. L., *Teas*, *E.*, & Rietdyk, S. (2020, October). Concordance in objectively measured physical activity behavior and sedentary behavior between partners. Paper (virtual) presented at the Annual Meeting of the American Public Health Association.
- *McCall, C., Franks, M. M.*, Taylor, Z., Topp, D., & Wadsworth, S. M. (2019, November). Couple communication and role negotiation during a period of stress and transition. Paper presented at the 81st Annual Conference of the National Council on Family Relations, Fort Worth, TX.

- <u>Boggess, S.,</u> Rook, K. S., **Franks, M. M.,** & Stephens, M. A. P. (2019, August). Correlates of motivation to manage type 2 diabetes in later life. Presented at the Annual Meeting of the American Psychological Association, Chicago, IL.
- Cho, H., Forster, A., Hatala, S., Ochoa, M., Christ, S., **Franks, M. M.,** Richards, E., & Rietdyk, S. (2019, July). Walking speed choices among married couples: Middle-aged and older adults walk slower when walking with their partner. Presented at the International Society of Posture & Gait Research World Congress, Edinburgh, Scotland.
- Richards, E., **Franks, M. M.,** Christ, S. L., *Forster, A., & McDonough, M.* (2019, June). Concordance in objectively measured physical activity between older spouses. Paper presented at the International Society of Behavioral Nutrition and Physical Activity, Prague, Czech Republic.
- **Franks, M. M.**, Thomas, P. A. Rector, J., & Friedman, E. M., (2018, November). His and hers: Health benefits of marriage in the context of multimorbidity. In A. Jasper & M. Gilligan (Organizers) Romantic relationships and well-being in later life. Symposium presented at the Annual Scientific Meeting of the Gerontological Society of America, Boston, MA.
- Friedman, E. M., **Franks, M. M.**, Rector, J., & Thomas, P. A. (2018, November). Multimorbidity, disability, and mortality: Moderation by positive relations with others. Poster presented at the Annual Scientific Meeting of the Gerontological Society of America, Boston, MA.
- Marini, C. M., Wadsworth, S. M., **Franks, M. M.**, Wilson, S. R., & Christ, S. L. (2017, November). Depressive symptomology and partner-directed coping in the context of deployment. Poster presented at the 79th Annual Conference of the National Council on Family Relations, Orlando, FL.
- McDonough, M.H., Richards, E.A., **Franks, M.M.**, Christ, S., and Marshall, M. (2017, October). *Spousal attempts to support activity through pressure and persuasion associated with declines in physical activity in a walking intervention with older adult couples.* Canadian Society for Psychomotor Learning and Sport Psychology conference, St. John's, NL.
- August, K., **Franks, M. M.,** Westley, K., Rook, K. S., & Stephens, M. A. P. (2017, July). Following your lead: Patients' diet adherence, spouse awareness and involvement in managing diabetes. In J. Yorgason (Organizer), Dyadic associations in later life: Exploring the interdependent nature of health and marriage. Symposium presented at the 21st IAGG World Congress of Gerontology and Geriatrics. San Francisco, CA.
- Seidel, A., Marshall, M., **Franks, M. M.**, Oates, S. (2017, July). He said, she said: Supportive interactions among married couples during diabetes appointments. In J. Yorgason (Organizer), Dyadic associations in later life: Exploring the interdependent nature of health and marriage. Symposium presented at the 21st IAGG World Congress of Gerontology and Geriatrics. San Francisco, CA.
- Marshall, M., **Franks, M.** M., Richards, E., McDonough, M., & Christ, S. (2017, July). Walking for our health: Married partners' collaboration and physical activity. Poster presented at the 21st IAGG World Congress of Gerontology and Geriatrics. San Francisco, CA.
- Richards, E., Franks, M. M., McDonough, M., & Christ, S. (2017, April). Walking for our health: A randomized spousal physical activity intervention. Poster presented at the Midwest Nursing Research Society Annual Conference. Minneapolis, MN.
- Friedman, E. M., Franks, M. M., Thomas, P., Gotschall K., & Moench, K. (2016, November). Multiple chronic conditions and healthy aging Part 1: Main effects on mortality and disability. In Friedman, E. M., & Franks, M. M. (Organizers), Enjoying the journey: Positive psychosocial functioning as a path to healthy aging. Symposium presented at the Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
- Franks, M. M., Friedman, E. M., Thomas, P., Gotschall K., & Moench, K. (2016, November). Multiple chronic conditions and healthy aging, Part 2: Moderating effects of psychosocial resources. In Friedman, E. M., & Franks, M. M. (Organizers), Enjoying the journey: Positive psychosocial functioning as a path to healthy aging. Symposium presented at the Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.

- Marini, C. M., **Franks, M. M.,** Wadsworth, S. M. (2016, November). Conflict engagement post deployment: Understanding and perceived similarity. Poster presented at the 78th Annual Conference of the National Council on Family Relations, Minneapolis, MN.
- Richards, E. A., **Franks, M. M.**, McDonough, M. H., *Porter, K.*, & *Marshall, M.* (2016, October). Role of spouses in physical activity promotion: A systematic review. Presentation at the American Public Health Association Annual Meeting, Denver, CO.
- *Marini, C. M.*, **Franks, M. M.**, Friedman, E. M., <u>Nowakowski, A.</u>, & Wehrspann, E. (2015, November). Multiple chronic conditions and health: The moderating role of spouse emotional support. Poster presented at the Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL.
- Friedman, E. M., Wehrspann, E., <u>Plewniak, K., Knapik, S., Fuzzell, L., Marini, C. M.</u>, & **Franks, M. M.** (2015, November). Multiple chronic medical conditions are associated with autonomic dysregulation. Poster presented at the annual meeting of the Gerontological Society of America, Orlando, FL.
- Hemphill, R., Martire, L. M., Stephens, M. A. P., Rook, K. S., & **Franks, M. M.** (2015, November). Daily marital quality and illness management among older adults with diabetes or osteoarthritis. Paper presented at the Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL.
- Wilson, S. R., Marini, C. M., Franks, M. M., Topp, D., & Wadsworth, S. M. (2015, November). Military partners' communication activities and feelings of connection with service members during deployment: A daily diary study. In C. Balderrama-Durbin (Organizer), Communication from the war zone: Understanding the impact of intimate partner communication during deployment for military service members and their partners. Symposium presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- *Marini, C.*, Wadsworth, S. M., Christ, S., & **Franks, M. M.** (2015, November). Service member and partner coping strategies during reintegration. Poster presented at the 77th Annual Conference of the National Council on Family Relations, Vancouver, British Columbia, Canada.
- *Borges-Garcia*, R., Rook, K. S., Stephens, M. A. P., & **Franks, M. M.** (2015, April). Invisible versus visible social support and social control in the context of chronic illness. Poster presented at the 36th Annual Meeting of the Society for Behavioral Medicine, San Antonio, Texas.
- *Jenkins, B. N.*, Rook, K. S., Stephens, M. A. P., & **Franks, M. M.** (2015, February). Dietary adherence in type 2 diabetes mellitus patients: Applying the strength model of self-control. Poster presented at the 16th Annual Convention of the Society for Personality and Social Psychology, Long Beach, CA.
- August, K. J., Rook, K. S., Choi, S., **Franks, M. M.,** & Stephens, M. A. P. (2015, February,). Spousal support, stress reactivity and glycemic control among patients with type 2 diabetes. Poster presented at the 16th Annual Convention of the Society for Personality and Social Psychology, Long Beach, CA.
- Friedman, E., *Marini, C.*, <u>Milliner, C.</u>, <u>Nowakowski, A.</u>, <u>Wehrspann, E.</u>, & **Franks. M.** M. (2014, November). Chronic conditions are associated with lower circulating levels of DHEA-S: Buffering by social support. Poster presented at the Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
- *Marshall, M., Briggs, J. G., Fuzzell, L.*, Oates, S., **Franks, M. M.,** & Shields, C. (2014, November). Gender differences in spouse involvement during diabetes medical encounters. Poster presented at the Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
- Briggs, J. G., Seidel, A. J., Plewniak, K., Welch, A., Kite, A., & Franks, M. M. (2013, November). Consistencies in spouse support across medical and in-home contexts. Paper presented at the annual conference of National Council on Family Relations, San Antonio, TX.
- Seidel, A. J., Franks, M. M., Shields, C. G., Finley, M. A., & Oates, S. K. (2013, November). Indicators of spouse attendance for chronic illness patients. In J. M. Berge, (Chair), Family well-being across the lifespan: Disability,

- obesity, diabetes, sleep quality. Symposium conducted at Annual Conference of National Council on Family Relations, San Antonio, TX.
- Wray, L., **Franks, M. M.,** Chiu, C., & LaCoe, C. (2013, November). Social relationships, self-efficacy and dietrelated outcomes in adults living with diabetes. In L. Wray (Organizer), Type 2 diabetes management in middle-aged and older adults: The role of psychosocial factors by key sociodemographic characteristics. Symposium presented at the Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
- Schap, T. E., Franks, M. M., Boushey, C. J. (2012, April). Comparison of cooperation between image capture and digital recording of evening meals among adults. Paper presented at Experimental Biology Conference, San Diego, CA. (abstract published in *The FASEB Journal*. 2012;26:131.5.)
- Schap, T. E., Seidel, A. J., Franks, M. M., Boushey, C. J. (2012, March). Evaluation of evening meal recall and digital recording accuracy among adults. Poster presented at the 36th National Nutrient Databank Conference, Houston, TX.
- Khan, C. M., Stephens, M. A. P., Franks, M. M., Rook, K. S., & Salem, J. K. (2011, November). Spouses' daily support and control of diabetes management: Are the 2 better than 1? Poster presented at the Annual Meeting of the Gerontological Society of America, Boston, MA.
- Hemphill, R. C., Franks, M. M., Seidel, A. J., Stephens, M. A. P., & Rook, K. S. (2011, November). Dietary management and emotional distress among couples coping with type 2 diabetes. Poster presented at the Annual Meeting of the Gerontological Society of America, Boston, MA.
- *Hemphill, R. C.*, Stephens, M. A. P., **Franks, M. M.**, Rook, K. S., & Salem, J. K. (2011, August). Adhering to a diabetic diet over time: Do individuals follow different trajectories? Poster presented at the 119th Annual Convention of the American Psychological Association, Washington, DC.
- Wray, L. A., **Franks, M. M.,** Chiu, C., & LaCoe, C. L. (2010, November). Social relationships, self-efficacy and diet-related outcomes in adults living with diabetes. Poster presentation at the 63rd Annual Meeting of the Gerontological Society of America, New Orleans, LA.
- **Franks, M. M.**, & Iida, M. (2010, November). Spouses' daily support and control and patients' daily dietary adherence and diabetes anxiety. In K. August & M. A. P. Stephens (Organizers), Social support, social control, and disease management in later life. Presentation at the 63rd Annual Meeting of the Gerontological Society of America, New Orleans, LA.
- Yorgason, J. B., **Franks, M. M.**, Iida, M., *Hemphill, R.*, Stephens, M. A. P., & Rook, K. S. (2010, November). Management of diabetes in later life couples: Using dyadic data from multiple "bursts" or waves of daily diaries to explore change across time. In J. M. Berge (Chair), *Innovative Methodology in Family Health Research*. Symposium conducted at the National Council on Family Relations, Minneapolis, MN.
- Seidel, A. J., Smith, E. L. Franks, M. M., Schap, T. E., & Boushey, C. J. (2010, November). Spousal influence on partner's dietary choices for diabetes management. In J. M. Berge (Chair), *Innovative Methodology in Family Health Research*. Symposium conducted at the National Council on Family Relations, Minneapolis, MN.
- Shields, C. G., **Franks, M. M.,** & Boushey, C. J. (2010, October). Spouse participation in encounters of patients with type II diabetes and patient adherence" Research and Teaching Forum of the American Academy on Communication in Healthcare, Scottsdale, AZ.
- **Franks, M. M.** (2010, August). Discussant. In R. Pruchno (organizer). When it doesn't go as planned: Surviving academic challenges. Presentation at the 118th Annual Meeting of American Psychological Association, San Diego, CA.

- Iida, M., Stephens, M. A. P., **Franks, M., M.,** Rook, K. S., & Salem, J. K. (2010, July). A dyadic diary study of older married couples managing type II diabetes: Spouses' involvement and relationship quality. Presentation at the International Association for Relationship Research Conference, Herzliya, Israel.
- Iida, M., Stephens, M. A. P., Franks, M.M., Rook, K. S., & Salem, J. K. (2010, February). Effects of spouses' involvement on daily relationship evaluations: The case of type 2 diabetes. Presentation at the Society for Personality and Social Psychology Annual Meeting, Las Vegas, Nevada.
- Hemphill, R. C., Stephens, M. A. P., Franks, M. M., Rook, K. S., Iida, M., & Salem, J. K. (2009, November). Spouses' perceptions of diabetes and involvement in patients' disease management. In M. M. Franks (Chair), Social indicators of disease risk and disease management in late life. Paper presentation at the Annual meeting of the Gerontological Society of America, Atlanta, GA.
- Seidel, A. J., Franks, M. M., Stephens, M. A. P., & Rook, K. S. (2009, November). Dyadic appraisals of spouse involvement and diabetes management in later life couples. In M. M. Franks (Chair), Social indicators of disease risk and disease management in late life. Symposium conducted at the Gerontological Society of America Conference, Atlanta, GA.
- Hemphill, R. C., Iida, M., Stephens, M. A. P., Rook, K. S., Franks, M. M., & Salem, J. K. (2009, August).
 Reactions to spousal control by male and female diabetic patients. Poster presented at the Annual Convention of the American Psychological Association, Toronto, ON, Canada.
- *Khan, C. M.*, Mickelson, K. D., Stephens, M. A. P., **Franks, M. M.**, Rook, K. S., & Salem, J. K. (August, 2009). Diabetes-related anxiety: Implications for spouses' involvement in patients' diabetes management. Poster presented at the Annual Meeting of the American Psychological Association, Toronto, ON, Canada.
- Stephens, M. A. P, Iida, M., Rook, K. S., **Franks, M. M**., & Salem, J. K. (November, 2008). He Does Well With a Little Help from His Wife: Spousal Support and Management of Type 2 Diabetes. In D. Carr (organizer), *In Sickness and in Health: New Perspectives on Marriage and Late-Life Health*. Presented at the 61st Annual Meeting of the Gerontological Society of America, Washington DC.
- Khan, C. M., Iida M., Stephens, M. A. P, **Franks, M. M.**, Rook, K. S., & Salem, J. K. (November, 2008). We Can Work it Out: Spouses' Involvement in Type 2 Diabetes Patients' Exercise Regimen. In L. A. Wray & M. M. Franks (organizers), *The Practice Implications of Type 2 Diabetes in an Aging Society*. Presented at the 61st Annual Meeting of the Gerontological Society of America, Washington DC.
- August, K. J., Rook, K. S., Stephens, M. A. P., & Franks, M. M. (August, 2008).. Spouse Burden is Associated with Exerting Health-Related Social Control.. In K. August & M. Okun (organizers), Understanding How Social Relationships Affect Health—The Social Control Process. .Presented at the 116th Annual Convention of the American Psychological Association, Boston, MA.
- Stephens, M. A. P, Rook, K. S., **Franks, M. M.**, *Khan, C. M.*, *Geaghan, T. R.*, & Salem, J. K. (August, 2008). Diabetic Patients' Resistance to Spouses' Attempts to Control Dietary Choices. In K. August & M. Okun (organizers), Understanding How Social Relationships Affect Health—The Social Control Process. Presented at the 116th Annual Convention of the American Psychological Association, Boston, MA.
- Iida, M., Stephens, M. A. P., **Franks, M. M.,** Rook, K. S., & Salem, J. K (July, 2008). Determinants of support provision from spouses of Type 2 diabetic patients. In G. Stadler (organizer), How relationships influence health: From large scale epidemiology to daily process research to interventions. Symposium presentation at the International Congress of Psychology, Berlin, Germany.
- **Franks, M. M.** (November, 2007). Discussant. In L. A. Wray (organizer), Management of Type 2 diabetes across the adult lifespan. Symposium presented at the 60th Annual Meeting of the Gerontological Society of America, San Francisco, CA.

- **Franks, M. M.**, Pienta, A., Schwartz, S., Tkatch, R. Artinian, N. Abrams, J., Keteyian, S., Martire, L., & Franklin, B. (November, 2007). Exchanges of health-related support between urban African-Amerian patients participating in cardiac rehabilitation and their support partner. In R. Pruchno (organizer), Caregiving dyads coping with chronic illness. Symposium presented at the 60th Annual Meeting of the Gerontological Society of America, San Francisco, CA.
- Khan, C.M., Maloney, A., Stephens, M.A.P., **Franks, M.M.**, Rook, K.S., & Salem, J.K. (August, 2007). Should You Eat That? Social Control, Gender, and Diabetes Care. Paper presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
- **Franks, M. M.**, Lucas, T., Stephens, M. A. P., Rook, K. S., Gonzalez, R., & Salem, J. K. (August, 2007). Dyadic examination of married partners' diabetes distress and psychosocial well-being. In C. Berg (organizer), Dyadic processes in dealing with chronic illness across the lifespan. Symposium presented at the 115th Annual Meeting of the American Psychological Association, San Francisco, CA.
- Whitman, H., Rook, K. S., Stephens, M. A. P., & Franks, M. M. (2006, May). Preferred spousal involvement influences diabetic patients' reactions to spousal social control. Poster presented at the Annual Meeting of the Association for Psychological Science. New York, NY.
- Fekete, E. M., Stephens, M. A. P., Geaghan, T. R., Franks, M. M., Rook, K. S., Reardon, K., & Salem, J. (November, 2005). Gender differences in spouses' influence of diabetic patients' dietary adherence. In E. Fekete (organizer), Older Adult Couples Coping with Diabetes: Socio-structural Characteristics and Interpersonal Processes in Disease Management. Symposium presented at the 58th Annual Meeting of the Gerontological Society of America, Orlando, FL.
- Geaghan, T. R., Stephens, M. A. P., Fekete, E. M., Franks, M. M., Rook, K. S., Reardon, K., & Salem, J. (November, 2005). Spousal influence and patient's management of a diabetic diet. In E. Fekete (organizer), Older Adult Couples Coping with Diabetes: Socio-structural Characteristics and Interpersonal Processes in Disease Management. Symposium presented at the 58th nnual Meeting of the Gerontological Society of America, Orlando, FL.
- **Franks, M. M.,** Eggly, S., Figueroa, M., Hendriks, M., Foster, T., Ruckdeschel, J. R., & Albrecht, T. L. (November, 2005). Physician communication and patient intention to accrue to clinical trials. Poster presented at the 4th Annual American Association for Cancer Research International Conference on Frontiers in Cancer Prevention Research. Baltimore, MD.
- Penner, L., **Franks, M.M.**, Albrecht, T.L., Foster, T., & Ruckdeschel, J.C. (August, 2005). Using Noldus Observer® to assess the reactivity of video recordings of medical interactions. Presented at Noldus Meeting, The Netherlands.
- *Geaghan, T. R.*, Stephens, M. A. P., *Fekete, E. M.*, **Franks, M. M.**, Rook, K. S., & Salem, J. (August, 2005). Spousal control in managing older diabetic patients' dietary choices. Poster presented at the 113th Annual Meeting of the American Psychological Association, Washington, DC.
- Penner, L., **Franks**, **M.M.**, Albrecht, T. L., & Foster, T. (January, 2005). The reactivity of videorecording of medical interactions in cancer care. Poster presented at the 2nd Annual Meeting of the American Psychosocial Oncology Society, Phoenix, AZ.
- Zaban, M., Franks, M.M., Harper, F.W.K., & Albrecht, T. L. (January, 2005). Expectations for outcomes of cancer treatment among patients and family members. Poster presented at the 2nd Annual Meeting of the American Psychosocial Oncology Society, Phoenix, AZ.

- Pienta, A. M., **Franks, M. M.**, & Wray, L. A. (November, 2004). Linking gender and marital quality with alcohol use in midlife couples. In L. A. Wray & S. Fonda (organizers), The Utility of the HRS for Measuring Health and Function: The First Decade of Evidence. Symposium presented at the 57th Annual Meeting of the Gerontological Society of America, Washington, DC.
- <u>Austin, T. M., Redd, B., Tkatch, R., Zouzaneas, J., & Franks, M. M., (November, 2004).</u> Exercise stage of change and exercise support exchanges of older African American married partners. Poster presented at the National Institute of Mental Health 2003 Career Opportunities in Research Education and Training, Puerto Rico, and at the Annual Biomedical Conference for Minority Students, Dallas, TX.
- **Franks, M. M.**, Markus, H. R., & Holmberg, D. (November, 2003). Self-systems of American adults: Current, past, and possible selves. In L. A. Wray and M. M. Franks (organizers), Studies of well-being in the second half of life: The Legacy of A. Regula Herzog. Symposium presented at the 56th Annual Meeting of the Gerontological Society of America, San Diego, CA.
- **Franks, M. M.** (November, 2003). Discussant. In L. M. Martire (organizer), Older couples managing everyday challenges: A focus on partner perceptions and influences during dyadic interactions. Symposium presented at the 56th Annual Meeting of the Gerontological Society of America, San Diego, CA.
- <u>Austin, T. M.</u>, *Tkatch, R.*, & **Franks, M. M.**, (November, 2003). Gender differences in social support and social control strategies to promote a healthy lifestyle. Poster presented at the National Institute of Mental Health 2003 Career Opportunities in Research Education and Training, Bethesda, MD.
- Stephens, M. A. P., Fekete, E., **Franks**, **M. M**., & Harsch. A. T. (September, 2003). Development of an Electronic Diary Method for Use with Older Adult Medical Patients and Caregiving Spouses. Poster presented at The Science of Real Time Data Capture: Self-Reports in Health Research Conference, Charleston, SC.
- **Franks, M. M.**, Keteyian, S. J., & Franklin, B. A. (August, 2003). Spousal involvement in patients' cardiac rehabilitation. In M. M. Franks (organizer), Health promotion and illness management in older couples and families. Symposium presented at the 111th Annual Convention of the American Psychological Association, Toronto, Ontario, Canada.
- **Franks, M. M.**, Stephens, M. A. P., Rook, K. S., Franklin, B. A., & Keteyian, S. J. (November, 2002). Spousal efforts as predictors of patient health behavior maintenance after cardiac rehabilitation. In C. Berg (organizer), Marital couples coping with distress and managing chronic health. Symposium presented at the 55th Annual Meeting of the Gerontological Society of America, Boston, MA.
- **Franks, M. M.,** Stephens, M. A. P., <u>Jones, N.</u>, Keteyian, S. J., & Franklin, B. A., (November, 2002). Spouses' provision of support and control to partners in cardiac rehabilitation. In K. Fingerman (organizer), You don't look so hot Bernie: Social partners' reports of older adults. Symposium presented at the 55th Annual Meeting of the Gerontological Society of America, Boston, MA.
- **Franks, M. M.**, Lichtenberg, P. A., MacNeill, S. E., & *Bank, A.* (August, 2002). Activity limitation and depression: Perspectives of older African American women and their close companion. In P. Lichtenberg & B. Rybarcz, Organizers, Emerging Issues in Rehabilitation Psychology. Symposium presented at the 110th Annual Convention of the American Psychological Association, Chicago, IL.
- **Franks, M. M.** (November, 2001). Organizer. Health and illness of older married partners: A focus on the dyad. Symposium presented at the 54th Annual Meeting of the Gerontological Society of America, Chicago, IL.
- Hong, T. B., Franks, M. M., Ebarvia, J., & Keteyian, S. (November, 2001). Stages of exercise behavior change and married partners' interactions. In M. M. Franks, Organizer, Health and illness of older married partners: A focus on the dyad. Symposium presented at the 54^h Annual Meeting of the Gerontological Society of America, Chicago, IL.

- *Allan, S. L.*, <u>Bossen, E. I.</u>, <u>Bryant, N.</u>, & **Franks, M.** M. (November, 2001). Religious activity and health behaviors. Poster presented at the 54^h Annual Meeting of the Gerontological Society of America, Chicago, IL.
- Pienta, A. M., & **Franks, M. M**. (November, 2001). Effects of marital quality on problem drinking behavior among midlife couples. Paper presented at the 54th Annual Meeting of the Gerontological Society of America, Chicago, IL.
- **Franks, M. M.**, Pienta, A. M., & Wray, L. A. (March, 2001). It takes two: Marriage and smoking cessation in the middle years. Annual Meeting of the Population Association of America, Washington, DC.
- **Franks, M. M.**, *Hong, T. B.*, *Pierce, L. S.*, & <u>Parker, L.</u> (November, 2000). Couples and heart-related illness: Congruity in partners' independent health appraisals. In M. A. P. Stephens (organizer), Shared lives and shared Experiences: Older couples coping with chronic illness and disability. Symposium presented at the 53rd Annual Meeting of the Gerontological Society of America, Washington, DC.
- Hong, T. B., <u>Alexandropolous</u>, P., & Franks, M.M. (November, 2000). Stages of health behavior change: Congruity in married partners' exercise and related interactions. Poster presented at the 53rd Annual Meeting of the Gerontological Society of America, Washington, DC.
- *Pierce, L. S.*, Navarro, C., & **Franks, M. M**. (November, 2000). Health-related interactions and the extended possible self in marriage. Poster presented at the 53rd Annual Meeting of the Gerontological Society of America, Washington, DC.
- Boyer, A., Franks, M. M., *Hong, T. B.*, & Smith, E. (August, 2000). Possible selves, health values, and health behaviors: Revisited. Presented at the 108th Annual Convention of the American Psychological Association, Washington, DC.
- Hong, T. B., Kessler, J., Franks, M. M., & Chapleski, E. (August, 2000). Predictors of self-rated health across cultural contexts. Presented at the 108th Annual Convention of the American Psychological Association, Washington, DC.
- *Pierce, L. S.*, **Franks, M. M.**, *Vickers, D. G.*, & <u>Shkrela, H.</u> (November, 1999). Give and take: Health-related interactions of partners in older married couples. Poster presented at the 52nd Annual Meeting of the Gerontological Society of America, San Francisco, CA.
- **Franks, M. M.**, *Bourbeau, L., Vickers, D.* & Ketterer, M. (August, 1999). Social interactions and patients' health behavior. Presented at the 107th Annual Convention of the American Psychological Association, Boston, MA.
- **Franks, M. M.**, Marsiske, M., Dwyer, J. W., & Morris, J. (November, 1998). Social network involvement in daily activities. Presented at the 51th Annual Meeting of the Gerontological Society of America, Philadelphia, PA.
- *Flynn, C. V.*, **Franks, M. M.**, & Dwyer, J. W. (November, 1998). Caregivers and potential caregivers: Differences behind race. Presented at the 51st Annual Meeting of the Gerontological Society of America, Philadelphia, PA.
- *Mast, B. T.*, **Franks, M. M.**, Herzog, A. R., & Markus, H. R. (November, 1997). The role of social processes in the relationship between health problems and self-ratings of health. Presented at the 50th Annual Meeting of the Gerontological Society of America, Cincinnati, OH.
- **Franks, M. M.**, Dwyer, J. W., *Lamphere, J. K.*, & *Mast, B. T.* (August, 1997). Expectations and provision of parent care by daughters and sons. Presented at the 105th Annual Convention of the American Psychological Association, Chicago, IL.

- **Franks, M. M.**, Stephens, M. A. P., & Quittner, A. L. (1996, November). Family caregiving across the life span. In K. L. Fingerman & V. H. Bedford (organizers), Experience from the early years: What child developmentalists can tell gerontologists about social relationships. Paper presented at the 49th Annual Meeting of the Gerontological Society of America, Washington, DC.
- Herzog, A. R., **Franks, M. M.**, Markus, H. R., & Holmberg, D. (1996, November). Activity and self in later life. In M. Marsiske (organizer), Activity engagement in the later years: Current theory and research. Paper presented at the 49th Annual Meeting of the Gerontological Society of America, Washington, DC.
- *Lamphere, J. K.*, Dwyer, J. W., & **Franks, M. M**. (1996, November). Gender, age, and race differences in intergenerational assistance and filial expectations. Presented at the 49th Annual Meeting of the Gerontological Society of America, Washington, DC.
- **Franks, M. M.**, Herzog, A. R., Markus, H. R., & Holmberg, D. (1996, August). Cognitive functioning, self-making, and well-being. In M. Marsiske (organizer), Everyday problem solving: Interface of cognition, affect and the self. Presented at the 104th Annual Convention of the American Psychological Association, Toronto, Canada.
- Martire, L. M., **Franks**, **M. M**., & Atienza, A. A. (1996, August). Effects of support at work on caregivers' stress and well-being. Presented at the 104th Annual Convention of the American Psychological Association, Toronto, Canada.
- **Franks, M. M.**, Herzog, A. R., Markus, H. R., & Holmberg, D. (1996, August). Productive activities of older men and women. In M. M. Baltes & A. Petersen (organizers), Women and productive aging. Paper presented at the XIVth Biennial Meeting of the International Society for the Study of Behavioral Development, Quebec City, Canada.
- Herzog, A. R., **Franks, M. M.**, Markus, H. R., & Holmberg, D. (1996, August). Age differences in temporal orientation of the self: Current, past and possible selves. In S. Filipp & C. D. Ryff (organizers), Self-focused thought in old age. Paper presented at the XIVth Biennial Meeting of the International Society for the Study of Behavioral Development, Quebec City, Canada.
- Holmberg, D., Markus, H. R., Herzog, A. R., & **Franks, M. M.** (1996, August). American selves: As independent as we thought? Paper presented at the XXVI International Congress of Psychology, Montreal, Canada.
- **Franks, M. M.**, & Stephens, M. A. P. (1995, November). Husbands' support to wives involved in parent-care: Marital quality as a function of shared perceptions. Paper presented at the 48th Annual Meeting of the Gerontological Society of America, Los Angeles, CA.
- Herzog, A. R., **Franks, M. M.**, Markus, H. R., & Holmberg, D. (1995, November). Activities and the self in later life. Paper presented at the 48th Annual Meeting of the Gerontological Society of America, Los Angeles, CA.
- Stephens, M. A. P., & **Franks**, **M. M**. (1995, November). Permeability of role boundaries: Spillover as a link between caregivers' role experiences and well-being. Presented at the 48th Annual Meeting of the Gerontological Society of America, Los Angeles, CA.
- Atienza, A. A., **Franks, M. M.**, & Stephens, M. A. P. (1995, August). Stress and satisfaction in adult daughters' employment and caregiving roles. Presented at 103rd Annual Convention of the American Psychological Association, New York, New York.
- **Franks, M. M.** (1994, November). Self-making and well-being. In H. R. Markus (organizer), Self-making in adulthood. Paper presented at the 47th Annual Meeting of the Gerontological Society of America, Atlanta, GA.

- Martire, L. M., Stephens, M. A. P., & **Franks, M. M**. (1994, November). The multiple roles of women caregivers: Role-specific feelings of adequacy as predictors of psychological well-being over time. Paper presented at the 47th Annual Meeting of the Gerontological Society of America, Atlanta, GA.
- **Franks, M. M.**, & Stephens, M. A. P. (1994, November). Providing support to the support provider: An examination of social support in the context of caregiving. In B. H. Gottlieb (organizer), Research advances in social support and coping among family caregivers. Paper presented at the 47th Annual Meeting of the Gerontological Society of America, Atlanta, GA.
- Stephens, M. A. P., Martire, L. M., **Franks, M. M.**, & Townsend, A. L. (1994, November). The effects of caregivers' role stress and rewards on quality of family relationships. Paper presented at the 47th Annual Meeting of the Gerontological Society of America, Atlanta, GA.
- **Franks, M. M.**, & Stephens, M. A. P. (1993, November). Spillover between daughters' roles as caregiver and wife: Interference or Enhancement. In M. A. P. Stephens & J. M. Kinney (organizers), In sickness and in health: Chronic illness in the context of marital relationships. Paper presented at the 46th Annual Meeting of the Gerontological Society of America, New Orleans, LA.
- **Franks, M. M.** (organizer) (1993, November). An informal discussion of funding research programs. Annual Meeting of the Gerontological Society of America, New Orleans, LA. Participants: J. S. Jackson, L. S., Noelker, L. Pearlin, M. A. P. Stephens, & S. H. Zarit.
- **Franks, M. M.,** & Stephens, M. A. P. (1993, August). Husbands' provision of support to their caregiving wives. Presented at 101st Annual Convention of the American Psychological Association, Toronto, Ontario, Canada.
- Clark, S. L., Stephens, M. A. P., & **Franks, M. M**. (1992, November). Caregivers' over involvement in patient care and criticism of patients: A study of older married couples coping with stroke. Presented at the 45th Annual Meeting of the Gerontological Society of America, Washington, DC.
- **Franks, M. M.**, Stephens, M. A. P., & Townsend, A. L. (1992, August). An examination of stress and rewards in caregivers' multiple roles. Presented at the Centennial Annual Meeting of the American Psychological Association, Washington, DC.
- Clark, S. L., **Franks, M. M.**, & Stephens, M. A. P. (1991, November). Quality of interpersonal relationships between caregiving daughters and their care-receiving parents. Paper presented at the 44th Annual Meeting of the Gerontological Society of America, San Francisco, CA.
- **Franks, M. M.**, & Stephens, M. A. P. (1991, November). Combinations of caregivers' multiple roles: Beyond occupancy as indicator of role experiences. Paper presented at the 44th Annual Meeting of the Gerontological Society of America, San Francisco, CA.
- Stephens, M. A. P., & **Franks, M. M**. (1991, November). Rewards and problems in women's multiple roles: The case of women in the middle. In Townsend, A. L., & Stephens, M. A. P. (co-chairs), Ties that bind: Positive and negative social exchanges in later life. Paper presented at the 44th Annual Meeting of the Gerontological Society of America, San Francisco, CA.
- **Franks, M. M.**, & Stephens, M. A. P. (1991, August). Role inadequacy as a mediator in the caregiving stress process. Presented at the 99th Annual Convention of the American Psychological Association, San Francisco, CA.
- **Franks, M. M.**, & Stephens, M. A. P. (1990, November). Balancing the roles of caregiver, wife, and mother: A source of stress for middle generation women. Paper presented at the 43rd Annual Meeting of the Gerontological Society of America, Boston, MA.

- Stephens, M. A. P., Kinney, J. M., **Franks, M. M.**, & Norris, V. K. (1990, November). The function of positive events as buffers in the caregiving stress process. Presented at the 43rd Annual Meeting of the Gerontological Society of America, Boston, MA.
- **Franks, M. M.** (1990, April). Stress and well-being among family caregivers to older adults: The experiences of wives and daughters. Paper presented at the 14th Annual Ohio Conference on Aging, Columbus, OH.
- Norris, V. K., Stephens, M. A. P., **Franks, M. M.**, & Taylor, W. M. (1989, November). Alleviating caregiving stress: Helping the patient versus helping the caregiver. Paper presented at the 42nd Annual Meeting of the Gerontological Society of America, Minneapolis, MN.
- Geller, P., & **Franks, M. M.** (organizers) (1989, October). Stress and women's roles: Problems and interventions. Symposium presented at the Midwest Eco-Community Psychology Conference, North Webster, IN.
- **Franks**, M. M., & Goedel, G. D. (1988, May). The spacing effect with magazine advertisements. Paper presented at the 60th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Invited Presentations:

- **Franks, M. M.** (2015, November). "I Will If You Will: Health Behavior Change Of Married Partners In Later Life. Keynote Address to Health Psychology Symposium, University of Michigan, Dearborn.
- **Franks, M. M.**, Shields, C. G., Boushey, C. J., & Oates, S. (2011, April). Communication and Diabetes Management Study. Presented at 3rd Annual Meeting of Indiana CTSI, Indianapolis, IN.
- Franks, M. M., Shields, C. G., Boushey, C. J., & Oates, S. (2011, March). Communication and Diabetes Management Study. Poster presented at 3rd Annual Meeting of Community Health Engagement Program/Indiana CTSI, Indianapolis, IN.
- **Franks, M. M.** (September, 2006). Aging Successfully Together: Health Behaviors of Older Couples. Center for Behavioral and Decision Sciences in Medicine, University of Michigan.
- **Franks, M. M.** (January, 2004). The influence of spousal agreement on patient health outcomes. Center for Intervention and Services Research: Depression and Aging, University of Pennsylvania.
- **Franks, M. M.** (October 20, 2003). Aging Successfully Together: Healthy Lifestyles of Married Partners in Middle and Late Life. Department of Biobehavioral Health, The Pennsylvania State University.
- **Franks, M.M.** (May 13, 2003). Involving a support partner to improve treatment adherence in late life. Issues on Aging Conference sponsored by Institute of Gerontology, Wayne State University.
- Franks, M. M. (February, 1998). Social relations and health. Presented at Research Center for Group Dynamics Seminar Series "The Next Generation of Social Psychologists," Institute for Social Research, University of Michigan.
- Herzog, A. R., **Franks, M. M.**, Markus, H. R., & Holmberg, D.(1994, December). Social engagements in older age. Paper presented at "Produktives Leben Im Alter," Hamburg, Germany.

TEACHING AND MENTORING:

Courses taught at Purdue University:

Undergraduate: CDFS 434 Aging and Family

HDFS 397H/497H Independent Undergraduate Research – Honors

HDFS 390 Families and Health Research HDFS 201 Introduction to Family Processes

Graduate: HDFS 602 Advanced Family Studies

HDFS 590 Health in a Social Context HDFS 590 Families and Health

Doctoral Dissertations Chaired:

- Sahin, Z. S. (June 12, 2012). Provision of support. Department of Human Development and Family Studies, Purdue University
- Seidel, A. J. (June 8, 2012). Spouse involvement and diabetes management in later life couples. Department of Human Development and Family Studies, Purdue University
- Hong, T. B. (August 15, 2001). Spouse involvement in cardiac patients' exercise behavior change. Department of Psychology, Social Area, Wayne State University.
- Pierce, L. S. (June 12, 2000). Health-related interactions and the extended possible self in marriage. Department of Psychology. Developmental Area, Wayne State University.
- Lamphere, J. K. (October 6, 1999). Planned and actual retirement: Consequences of unmet expectations on individual well-being. Department of Psychology. Industrial/Organizational Area, Wayne State University.

Master Theses Chaired:

- Allan, S. A. (September 17, 2003). Religious Activity, Health Behavior, and Well-Being. Department of Psychology, Social Area, Wayne State University.
- Flynn, C. V. (August, 1999). Examining the caregiver stress process of black and white daughter caregivers. Department of Psychology, Social Area, Wayne State University.

SERVICE:

Journal Review:

2013 - 2016 Associate Editor, *Health Psychology* 2010 - 2013 Editorial Board, *Health Psychology*

2008-2010 Editorial Board, Journal of Family Psychology 2003 Consulting Editor, Psychology and Aging

1996-2000 Editorial Board, Family Relations

Ad-hoc Reviewer (2015 – present):

British Journal of Health Psychology

Diabetes Care The Gerontologist

Journals of Gerontology: Social Sciences

Journals of Gerontology: Psychological Sciences

Health Psychology Personal Relationships

Grant Review (last 5 years):

2018 NIH Fellowships: Risk, Prevention and Health Behavior (March and July meeting)

- 2017 NIH Fellowships: Risk, Prevention and Health Behavior (March and July meeting)
- 2016 Swiss National Science Foundation
- 2015 NIH Fellowships: Risk, Prevention and Health Behavior (July meeting)
- 2014 NIH Fellowships: Risk, Prevention and Health Behavior (July meeting)

Offices held in state, national, international societies:

2015 Chair, Student Award Subcommittee, Behavioral and Social Sciences, Gerontological Society of America